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This is a "Travel like the locals" tour. The tours use public transport, i.e. regular buses, ferries and boats, but we have done the planning for you so that you can concentrate on enjoying your trip. You travel on your own - there is no guide or tour leader. On most of our tours you must change several times between different buses/ferries/boats, and it is up to you to make sure you catch your connections – truly travelling like a local! (The tours are set up so that the buses, ferries and boats connect.)

Round trip to Runde Bird Island

Ålesund – Hareid - Runde – Ålesund

This tour by fast-speed ferry and bus takes you from Ålesund via Hareid and Fosnavåg to the bird island of Runde.

The island is a popular destination all year round but is spectacular in the summer due to its teeming bird-life. Between 500,000 and 700,000 sea birds inhabit the island in the season, most of them in the cliffs. The island also offers great hiking.

The island is a popular destination all year round but is particularly exciting in the summer due to the buzzing birdlife. Runde is located at the end of the sea gap with about 150 permanent residents.

In the season there are between 500,000 and 700,000 seabirds on the island, most of them live on the bird mountain. Around 80 species have been found breeding, and more than 230 species have been registered on the Bird island.

The bird mountain is the southernmost in Norway and is the most species-rich seabird in the country. Birdlife is active year-round on the island, and in winter you can study the harshest species, which thrive in the harsh and wild climate.

It is also possible to see the colonies by hiking up the mountains along marked paths, and regardless of the mode of travel, it is important to remember that rules have been introduced for conservation because of the vulnerable nature.

The area is fantastic for diving and fishing and has also great opportunities for walking.

Departs from: Ålesund express boat terminal, Skateflukaia (near the Tourist Information)

This itinerary is not valid as a ticket.



Itinerary and transport information

| Ålesund - Hareid - Runde - Ålesund | | | | |
|---|-----------------|-------|-------|-----------------------|
| | Monday - Friday | | | Bus/express boat line |
| From Ålesund express boat terminal (Skateflukaia) | 08:50 | | 11:50 | 5 (Express boat) |
| From Hareid | 09:25 | | 12:23 | 330 (Bus) |
| To Fosnavåg | 10:20 | | 13:20 | |
| From Fosnavåg | 10:30 | | 14:05 | 331 (Bus) |
| To Runde | 11:00 | | 14:50 | |
| From Runde | 14:50 | 17:15 | 17:15 | 331 (Bus) |
| To Fosnavåg | 15:20 | 17:45 | 17:45 | |
| From Fosnavåg | 15:50 | 17:50 | 17:50 | 330 (Bus) |
| To Hareid | 16:55 | 18:55 | 18:55 | |
| From Hareid | 17:05 | 19:05 | 19:05 | 5 (Express boat) |
| To Ålesund express boat terminal (Skateflukaia) | 17:28 | 19:28 | 19:28 | |

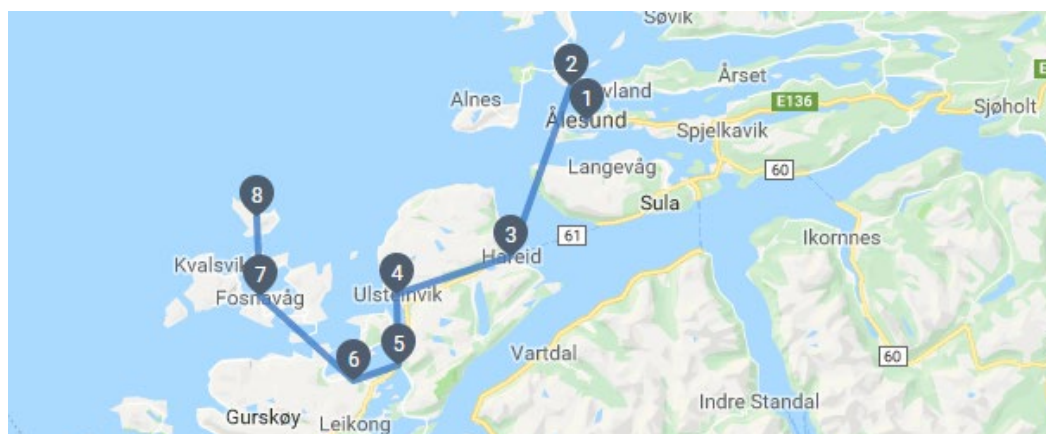
Ålesund-Hareid: Take express boat line 5 towards Hareid from Ålesund express boat terminal at Skateflukaia, which is next to the Tourist Information. The boat stops at Valderøya before Hareid. Please stay on board the boat during the stop at Valderøya.

Hareid-Fosnavåg: From Hareid you take bus 330 towards Fosnavåg. The bus departs from Hareid bus terminal, next to the express boat quay. The bus goes via Ulsteinvik, Garnes and Myrvåg to Fosnavåg. Take the bus to the bus stop "Fosnavåg terminal".

Fosnavåg-Runde: At Fosnavåg terminal you switch to bus 331 towards Runde. Take the bus all the way to the end stop, called "Goksøy snumlass".

Return trip: The return trip takes the same route back to Ålesund, only in the opposite order.

Travel route



1. Ålesund, 2. Valderøya, 3. Hareid, 4. Ulsteinvik, 5. Garnes, 6. Myrvåg, 7. Fosnavåg, 8. Runde
Map: Google

This itinerary is not valid as a ticket.